

ParkLives Sessions at Wollaton Park throughout August

Come along to these FREE fun family activities all starting w/c Monday 1st August and running for 5 weeks unless stated

What	When
Orienteering Challenge	Monday 22 nd August - 13.00 – 15.00 - One off session
Rounders	Wednesdays - 12.00 – 13.00
Get into Golf	Tuesdays – 18.30 – 19.30 Thursdays - 18.30 – 19.30
Health Walk	Fridays – 10.30 – 11.30
Nordic Walking	Sundays – 10.30 – 11.30

To book a place and to find out more information on these sessions and what is happening at other parks go to:
www.parklives.com



Follow us and stay up to date at:



@ParkLivesNotts
#ParkLives



ParkLivesNottingham



Nottingham
City Council